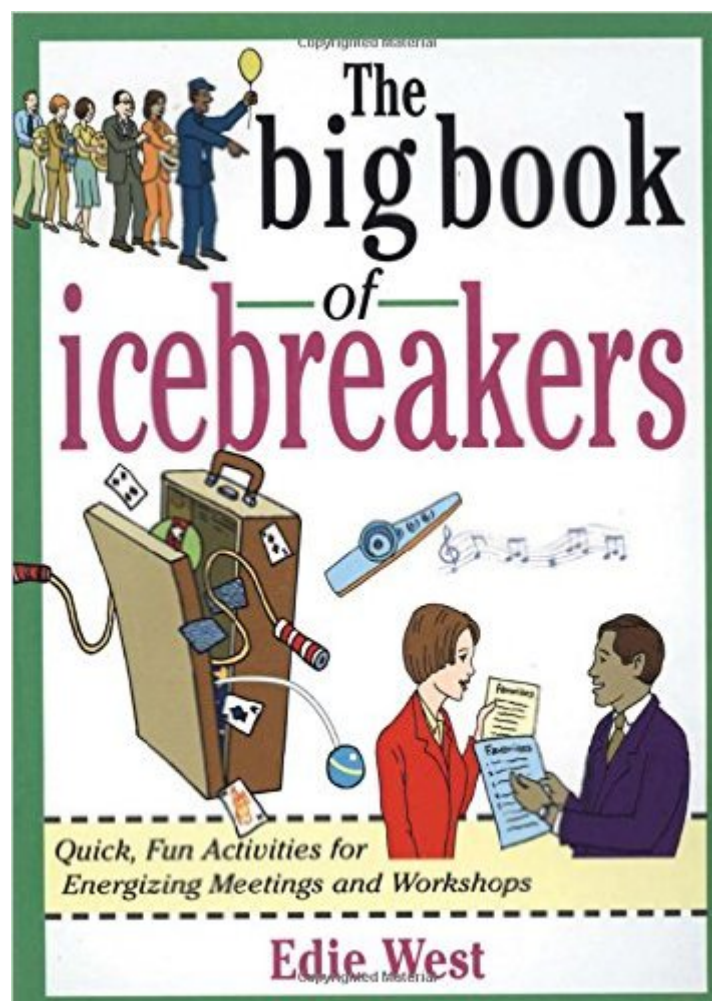


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# The Big Book Of Icebreakers: Quick, Fun Activities For Energizing Meetings And Workshops



## Synopsis

Leading a meeting? giving a presentation? Heading a workshop? Icebreakers are great for lightening up the atmosphere at the beginning of a meeting or event, and encouraging everyone to participate fully. This collection of 50 icebreakers is organized around common business situations and is designed to help leaders start every session, meeting, presentation, or workshop with a burst of energy and fun. Includes icebreakers for sales meetings, team building, complete strangers, introducing a topic, staff meetings, groups over 20, outdoor settings, and more. this latest book in the popular Big Book of Business Games series is the most fun yet!

## Book Information

Series: Big Book Series

Paperback: 256 pages

Publisher: McGraw-Hill Education; 1 edition (October 22, 1999)

Language: English

ISBN-10: 0071349847

ISBN-13: 978-0071349840

Product Dimensions: 7 x 0.6 x 9.4 inches

Shipping Weight: 14.9 ounces (View shipping rates and policies)

Average Customer Review: 3.9 out of 5 stars [See all reviews](#) (31 customer reviews)

Best Sellers Rank: #60,880 in Books (See Top 100 in Books) #46 in [Books > Business & Money > Management & Leadership > Training](#) #88 in [Books > Business & Money > Skills > Running Meetings & Presentations](#) #353 in [Books > Business & Money > Skills > Communications](#)

## Customer Reviews

This book is packed with icebreakers, but I personally wouldn't use most of them. They border on the "touchy-feely" side, and will only work if your audience is open to that type of activity.

My first observation on this book is that it is focused on the large group not the small group. However, the rationale for some of the large group focus seems to flow entirely from a preoccupation with dividing large groups into smaller groups and then applying tasks or games to these subgroups. If you have never thought about working with groups this book may be of some use, but by and large I judged many of the examples were impractical in terms of the time and resources needed to get deploy them. My key reservation about these icebreaker books is that they are written more to help the presenter break the ice rather than any presumed intra-audience

barriers.

Very outdated concepts. One of the activities calls for bringing in an instant camera. Wait... you know those Polaroid cameras from the 70's and 80's that are no longer sold? Those are suggested supplies for ice breakers. Also, if you preview the book you will see that it suggests that the instructor prints off the session objectives and hands those out. Why is that necessary? This is guaranteed to make you look outdated and out of touch with facilitating large or small groups. This book was published in 1999, I'm not sure why concepts from the 80's and early 90's were still being used and published in 99.

There are so many great ways to get a group started with this book. It's perfect for the people who are inactive and very active. From get-to-know-games to every-day-fun. This book covers business meetings, weekly meetings, workshops, and almost every other type of get-together. The groups sizes go from small to huge. I would definitely recommend this book for any coordinator or leader. Enjoy and have fun!

We use thi book a lot. Once a week at least! It's great for team building activitieYs and sales team meetings. It has short games which we use as energisers for our staff! A great book with great ideas :)

The Big Book of Ice Breakers by Edie West is a very informative and fun look at ice breakers and how they are used. I read this book for a class project and to be honest, I'm glad that I did. The book describes in detail an array of ice breakers that can be used in the professional setting. The one downfall that I would have liked to have seen presented in the text is a little bit of a better understanding as to why these ice breakers are so important. For example, it would have been nice to see a few real life stories added in to demonstrate some of the results. It would have also been beneficial to demonstrate a few ice breakers that didn't pan out as had been planned in order to give the reader a sense of what to expect. I feel that this book is something that many professional adults should read and familiarize themselves with in order to make the atmosphere of the hectic workplace a little bit more comfortable and enjoyable. There is no such thing as all work and no play. Therefore, I believe just as West does that ice breakers are not a necessity, but they are definitely needed. This book gives descriptive plans on how to execute correct and beneficial ice breakers both indoors and outdoors. While, I had at first believed that the book was only going to

cover ice breakers having to do with a professional atmosphere there are also a few ice breakers that refer to just simple everyday living. Therefore, basically anyone could benefit from reading this book. While all of the ice breakers are likely to work in a majority of situations, my favorite one is #50 You Are What You Read. This is because it is basically an activity to show that assumptions about people are not always correct and it is quite possible to have more in common with someone than you may think. Overall, this is an informative book and I recommend it to anyone wishing to "break the ice."

Every group that gathers for a purpose starts out with a surface tension. This book has simple to use ideas and activities to quickly move from 'Me and Them' to 'Us' and get down to business.

Very good ideas. Practical, yet profound; but simple and interesting at the same time. I'd used some of the exercise at work (training) and in the church youth summer camp, too.

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